



## Pieter van den Hoogenband Swimming Stadium

**20 to 22 March 2026**

*Terms and Conditions – Version 4.6*

*The Arena International Talent Trophy (ITT) has been organised by PSV Swimming since 2019 and is intended to introduce youth members to competitions with an international character. PSV Swimming is organising a Junior - Youth competition for the Netherlands in a new look. Following an American example, they compete in teams, but of course individual performances also count. It is a competition with international allure, the likes of which you don't often see for younger swimmers.*

## General Conditions

- The competition is swum in a 50-metre pool under the KNZB rules.
- Age categories focused on international practises:

	Boys birth year	Girls birth year
Under 14	2012-2013	2012-2013
Under 16	2010-2011	2010-2011
Under 18	2008-2009	2008-2009

- **All** swimmers compete in the points classification of the Crown Race.
- Only **FINA-approved** swimwear is allowed.
- During the competition, swimmers have access to the 8-lane diving pool (25 m) for warm-up and cool-down. The other pools are not accessible to participants of the Arena ITT.
- The organisation will take photos of the teams and of the award ceremony. Furthermore, impression photos will be taken. These can be found after the tournament on the website <http://livetiming.psvzwemmen.nl/ITT2026>

## Arena International Talent Trophy

- a. During the tournament, clubs collect points with which they can qualify for the Arena ITT-finale. For each event (so for both boys and girls) it is determined for each age category who is the fastest swimmer of the club. The FINA points of this swimmer count towards the FINA points total of the club. The 10 clubs with the most FINA points qualify for the Arena ITT final.
- b. In the Arena ITT final, the winner of the Arena International Talent Trophy will be determined. The Arena ITT final consists of the events 40, 41, 42, 43, 44, 45 of the programme that will be swum on Sunday afternoon.
- c. For the top 10 teams that qualify, the following applies:
  - Before the start of session 3 on Sunday, each team in the top 14 must submit the team allocation for the final events to the organisation on the form that can be found on the website or at the competition secretariat.

- In the Team Final, it is up to the coaches/supervisors to put together a team from all swimmers in which the number of participating swimmers is not limited in number in advance, but only by a few starting points:
  - The swimmers who are part of the team must participate in at least 1 relay for his or her gender and 1 of the team relays.
  - Distribution of swimmers should be 1:1 between girls and boys.
  - A team may field a maximum of 50% of youth swimmers (Under 18), in which the distribution is equal over the sexes (e.g. a team of 12 swimmers may field a maximum of 6 youth swimmers (Under 18), of which 3 boys and 3 girls).
- Teams that have not communicated a classification to the organisation will be excluded from participation in the team final.
- The Teams are classified according to their final result in the ranking. Number 1 is assigned to lane 4, number 2 to lane 5, number 3 to lane 3 etc.
- In the team final, the scoring starts at 0. The teams can then earn the following points for the events 40, 41, 42, 43, 44, 45:

1st place:	20 points	6th place:	6 points
2nd place:	16 points	7th place:	4 points
3rd place:	12 points	8th place:	3 points
4th place:	10 points	9th place:	2 points
5th place:	8 points	10th place:	1 point

The team that earns the most points in total during the team final wins the Arena International Talent Trophy (challenge cup).

In case of an equal number of points for the prizes, a Swim-Off will take place, consisting of the 4x50 meter freestyle mixed (2 girls / 2 boys).

### Mystery Medley Relay

- The Mystery Medley Relay (event number 45) is an 8x50 m medley relay full of surprises, because the order of the strokes is different for each team.
- Before the start of the relay, the referee will determine by drawing lots which team will swim in which lane. The track itself indicates the order in which the 8x50 m medley must be swum. This is different for each court, but always consists of 2x butterfly, 2x backstroke, 2x breaststroke and 2x freestyle. The boys start on the starting side and the girls on the turning point side. The stroke that the boys swim to, the girls swim back. Of course, the order of swimmers at the starting block may not be changed.
- Backstroke is started from the water.

### Crown Race

- The 10 best boys and the 10 best girls of each of the three age categories qualify for the Crown Race. The placement is based on the FINA points that the swimmers have achieved in a maximum of 6 individual distances that have been swum on Friday, Saturday and Sunday.
- During the Crown Race a 50 m freestyle is swum. Each age category swims in its own lane, the girls in lanes 2, 3 and 4, the boys in lanes 6, 7 and 8.
- The numbers 10 of each category will start first and may take their place on the throne after the race. Then the numbers 9 of each category start. If the number 9 is faster than the number 10, the number 9 takes over the throne, if not, the number 10 remains on the throne. This continues until the 10th series in which the numbers 1 swim. The fastest swimmer is King or Queen of his/her category.
- All swimmers can qualify for the Crown Race during the tournament. It does not matter whether you participate individually or with a team.
- You can cancel this race up to 30 minutes after the announcement of the Crown Race format after the Sunday morning session.

## Entries

The registration procedure for the Arena ITT is as follows:

- Regular registration opens for entries on December 15, 2025 and closes on March 1, 2026.
- From mid-December, the registration file can be downloaded from [itt.psvzwemmen.nl](http://itt.psvzwemmen.nl) with which the registration can be made.
- If the available competition time is exceeded due to an excessive number of registrations, entries will be placed on a reserve list.

Associations can check this on the livetiming page. In the event of a cancellation, a reserve swimmer will be placed and the registration lists will be updated.

- For swimmers, the boys must have been born between 2008 and 2013 and the girls must have been born between 2008 and 2013.

1. After the registration closes, the starting fees are due.

The starting fees are divided as follows:

€ 6.00 per 50 metres.

€ 7.50 per 100 metres.

€ 9.00 per 200 metres.

€ 10.00 per 400 metres.

- Entry times must have been swum in the period **1 September 2023 to 01 March 2026**.
- The date and place of the competition must be stated at the registration times.
- Registration is done with the fastest time, with 50 meter pool registration times taking precedence over 25 meter pool registration times. Registrations without time or court length will be seeded in the first heat.
- Registrations can be emailed to [itt@psvzwemmen.nl](mailto:itt@psvzwemmen.nl) with the subject in the mail "Registration Arena ITT 2026 + the name of your club"..
- The registration must contain the following files:
  1. SPLASH/Lenex file (including contact information in Splash Team Manager)
  2. List of participants (PDF file) by name
  3. List of participants (PDF file) on program
- All file names must contain your club name according to the following example:  
2026-03-20=Clubname-ITT-inschr.lxf  
2026-03-20=Clubname-ITT-inschr.pdf
- When you receive a personal email from the organisation, the registration has been completed correctly.

## Officials

- Before closing the registration, we would also like to receive your statement from officials, please send it along with your initial registration via [itt@psvzwemmen.nl](mailto:itt@psvzwemmen.nl).
- 1. We expect per club per day
  - 1 official per 4 swimmers. This means 1 official for 1-4 swimmers,
  - 2 officials with 5-8 swimmers,
  - 3 officials with 9-12 swimmers etc.
- Please indicate in the email which officials are available on Friday, Saturday and/or Sunday.
- If you have not registered enough officials, your registration may be refused.
- The organisation welcomes an international jury, so officials from countries other than the Netherlands are certainly welcome. In 2025, we had an English-language jury meeting for the first time to make everyone feel welcome. Some basic English skills are required.

## Coaches

- In the registration e-mail, you indicate how many coach cards you wish to receive at the start of the competition.
  - 1 to 5 participants                      1 team leader card
  - 6 to 10 participants                      2 team leader cards
  - 11 to 20 participants                      3 team leader cards
  - 21 to 30 participants                      4 team leader cards
  - 31 and more participants                      5 team leader cards

Participant and team leader cards are strictly personal. In case of misuse, the card will be confiscated and will only be issued again after payment of the 3-day passe-partout price for spectators. In case of loss, a new card will be issued after payment of the 3-day passe-partout price for spectators.

Additional team leader tickets can be ordered by e-mail up to one week before the start of the event via [itt@psvzwemmen.nl](mailto:itt@psvzwemmen.nl). The price of this extra team leader card is the same as that of a passe-partout for adults. Settlement takes place via an invoice.

### Warm-up and cool-down

During the tournament there are several possibilities for warming up. The diving pool is available for this during the competition. Up to 30 minutes after the end of sessions 1, 2 and 3, you can cool down in the diving pool.

### Marshalling area

In the marshalling area, they are processing at least 4 heats ahead. Swimmers must be present on time in the marshalling area. Being late in the marshalling area can result in exclusion. The marshalling area is only intended for the participants who are expected here.

### Placement

- The organising club is free to merge heats for the sake of time and to maintain a maximum number of heats.
- The organising club is free to fully admit foreign teams to the competition, regardless of the registration times.

### Start lists and withdrawals

- Withdrawals until Thursday, March 12, 2026, 12:00 noon, will be included in the results as AFGEM. These Withdrawals are free of charge.  
As an association, you will then receive a invoice of the starting fee, which you must have transferred to the account number mentioned on it no later than March 19.
- Withdrawals until Thursday, March 19, 2026, 12:00 noon, will be included in the results as AFGEM. Starting money is due in this case.
- On Sunday 08 March 2026 at the latest, the start lists will be published on the live timing of the I.T.T. <http://livetiming.psvzwemmen.nl/ITT2026>

### Meals

This edition we have a collaboration with a new catering partner, Clubhouse. Through them, meals are available for swimmers to enjoy before, during or after the session during the tournament. For possibilities please contact [tongelreep@clubhousehoreca.nl](mailto:tongelreep@clubhousehoreca.nl)

### On the day itself

- The address of the Pieter van den Hoogenband swimming stadium is: Antoon Coolenlaan 1, 5644RX Eindhoven, tel. 040-2381112.
- In the central hall it will be indicated where participants and public for the Arena ITT can go to.
- At the start of the swim-in, the ticket office is open to the public.
- Access here is only possible with QR code for swimmers and coaches
- In the context of sustainability, no printed start lists are provided for sale by the organisation. The start lists will be published on the livetiming page. If you need a start list, please print it out yourself.
- This competition is completely PIN only.
- Participants may go to the changing rooms half an hour before the start of the warm-up.
- At the start of each competition day, the following will be available at the Swimmers Information Desk per club:
  - 1 x start list per session
  - Accreditation (for the entire tournament)
  - Cancellation list per session (BE: Forfait list per session)

**Coaches who have not been registered in advance do not have access to the swimming pool.**

- The match can be followed via the SplashMe app and live timing. The links can be found on the website: <http://itt.psvzwemmen.nl>
- Up-to-date information about this competition, such as accommodation options, etc., can also be found on the website <http://itt.psvzwemmen.nl>.
- Questions and comments can be emailed to: [itt@psvzwemmen.nl](mailto:itt@psvzwemmen.nl)
- *The organization reserves the right to refuse the registration of the participants and/or coaches and/or to adjust the conditions of the competition if the circumstances (e.g. COVID measures) require so.*



### Friday 20 March 2026

17.00 hrs Warm-up  
17.45 Start Start of the competition  
21.00 hrs End of the competition

#### Session 1

- 1 200 m backstroke girls
- 2 200 m backstroke boys
- 3 50 m butterfly girls
- 4 50 m butterfly boys
- 5 100 m freestyle girls
- 6 100 m freestyle boys
- 7 50 m breaststroke girls
- 8 50 m breaststroke boys

### Saturday 21 March 2026

10.00 hrs Warm-up  
10.45 hrs Start of the competition  
xx.xx hrs End of the competition

#### Session 2

- 9 400 m freestyle girls
- 10 50 m backstroke boys
- 11 50 m backstroke girls
- 12 100 m breaststroke boys
- 13 100 m breaststroke girls

#### Break

- 14 400 m individual medley boys
- 15 200 m freestyle girls
- 16 200 m freestyle boys
- 17 100 m butterfly girls
- 18 100 m butterfly boys
- 19 200 m individual medley girls
- 20 200 m individual medley boys

Sunday 22 March 2025

10.00 hrs Warm-up  
10.45 hrs Start of the competition  
xx.xx hrs End of the competition

Session 3

21 400 m freestyle boys  
22 200 m breaststroke girls  
23 200 m breaststroke boys  
24 100 m backstroke girls  
25 100 m backstroke boys

Break

26 400 m individual medley girls  
27 50 m freestyle boys  
28 50 m freestyle girls  
29 200 m butterfly boys  
30 200 m butterfly girls

Break

35 Crown race

Break

Team final:

40 4x100 m freestyle girls  
41 4x100 m freestyle boys  
42 8x50 m freestyle mix (4 boys - 4 girls)  
43 4x100 m medley relay girls  
44 4x100 m medley relay boys  
45 8x50 m Mystery Medley Relay (4 boys - 4 girls)